

HAPPY Thursday!
Here are some things you should know.

Sunday after church – please come and watch/join/enjoy!
Upcoming fun parish event!

Come and enjoy an afternoon of California Kickball, snacks, hot dogs and laughs with your Cathedral family.

Kickball is easy – no athletic skill required! Drop by for little bit and enjoy some good times!

When: Sunday May 26th at 1:00pm

Where: Ralph Bell School Field - 1764 Valleyview Dr, Kamloops

There will be hot dogs and snacks – please RSVP to Tammy @ davisarnold@telus.net so we have an idea of numbers. Bring a lawn chair if you wish



Out of the Cold Report Open Cathedral Committee Meeting



On Tuesday May 28 the congregation is invited to an open meeting of Cathedral Committee at 7 p.m. for conversation and comment – Please come out and join the discussion

The report has been sent out – if you have not received it there will be a few paper copies at the back of the church. You can also contact the office and we will send you a copy.

Children, Youth and Young People's Ministry

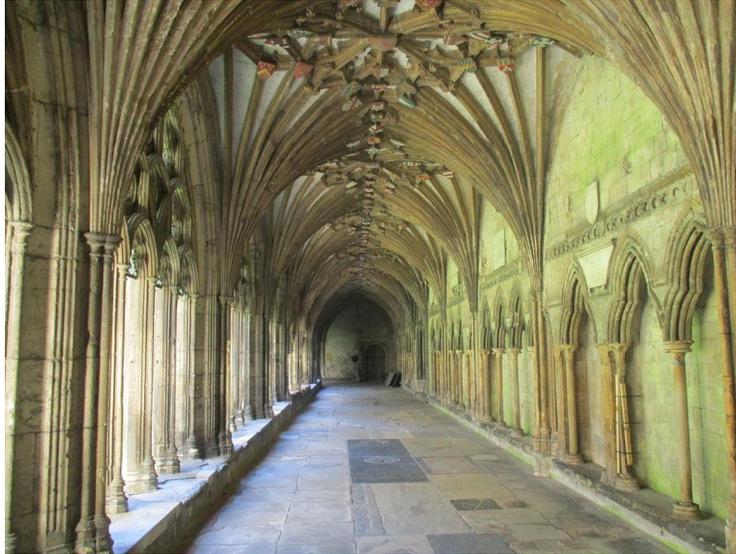


Children's Ministry is taking place during the 10am service with Melissa. This week we will consider how God finds people everywhere to tell the good news of Jesus!

Youth Group meets next:

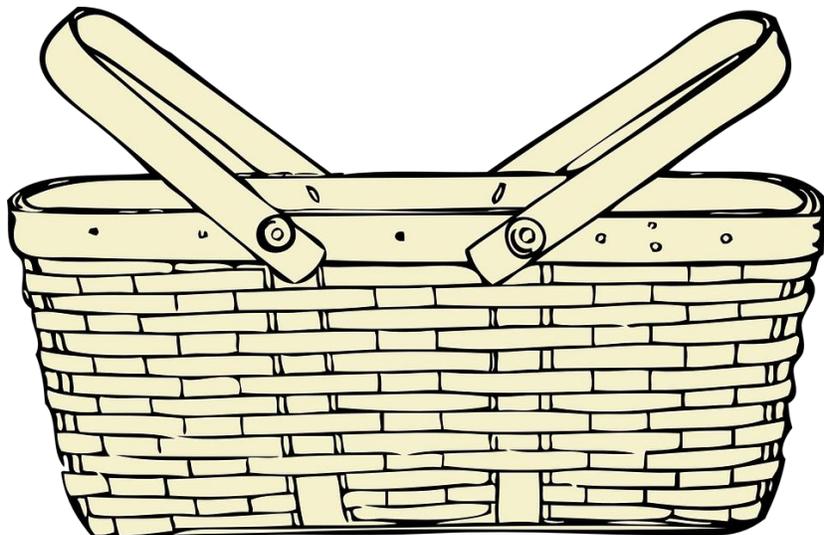
Friday, May 24, 2019 - games, relays, moments of pause and different group challenges! See you in the Cathedral Hall, 6:30-8:30pm!

**Deadline is Friday
The Circular**



It is that time again – Circular time! The theme is Sacred Spaces and the deadline is May 24.

Parish Picnic



The Annual Parish picnic will be held on Sunday June 9 at Prince Charles Park (11th Ave and Columbia St.) after the 10AM service. The Cathedral will provide hot dogs, hamburgers, salmon burgers and veggie burgers, appropriate buns and desert. Please bring finger food appetizers, chairs and blankets If you can help (

especially with procuring a BBQ) contact Roger Parkes (250-299-1863)

**Strawberry Tea
June 14th 2019**

St. Paul's Cathedral Strawberry Tea

Friday June 14th, 2019
from 1:30 – 3:30-pm -
\$6.00

All welcome!
The Thrift Store will be
open



Fundraiser for the Mutrie Family



The Kiwanis Club of Kamloops is having a fundraiser for Evan Mutrie, a former Bronco football player who contacted a virus and has been a quadriplegic since 2014, There will be a buffet dinner at the Shanghai Mandarin Restaurant on Wednesday, June 19 at 6PM. The cost is \$25 per person. For tickets contact Elaine of Roger Parkes

Sorrento Centre Summer Programming What can you learn this summer?

**Week 5
August 4 - 10, 2019**



**“DO YOU SEE WHAT I SEE?”
with Mari Pighini and John Day**

“Do You See What I See” is a one-week interactive workshop aimed towards anyone who is interested in using observation and documentation as a way to learn more about one’s child in a way that is descriptive and non-labelling, and in becoming aware of reflective parenting practices. The audience will include parents, caregivers, and educators (among others) raising and/or working with young children (birth to 9 years).

The workshop’s title is inspired on Eric Carle’s children’s book “Brown bear, brown bear, what do you see.” Using images, videoclips, and shared personal and professional experiences, we will draw from the child and their temperament, or “the way we are” and describe the child’s traits (for example, their predominant mood, high/low activity levels, ways to approach new situations, and levels of persistence, among others). We will also draw on the notions of “ordinary moments” and “natural occurrences” that allow us to observe –and learn from– the child, thus moving away from a prescriptive assessment model and more into

documentation practices used both in children's programs and at home.

In the reflective parenting/caregiving component of the workshop, we will also pay attention to ways in which parents and caregivers can become aware of the ways they relate to children, how to shift some ways of parenting that may not be working, starting with the everyday routines, that some respectfully call "rituals."

This reflective parenting component enhances the observation and documentation aspect of the workshop through the examples presented and shared.

Course fee: \$335

More Information: [Doyou](#)