

HAPPY Thursday!
Here are some things you should know.

Singing our way towards wholeness

SINGING OUR WAY TOWARDS WHOLENESS

*Saturday, January 12, 2019 from 10 a.m. till 1 p.m.
St Paul's Cathedral 360 Nicola Street at 4th Avenue*

*Music, Prayer, Eucharist, Teaching, Contemplation, Prayer Shawls,
Healing Oil, Letter Writing, Shared Meal*

*LEADERS: Dean Ken Gray - David Lidster - Jennifer Betuzzi
A light lunch is included*

*Pre-registration is most helpful to us
Please email David Lidster at davidlidster@shaw.ca*

**TWO MEN ~ TWO IRONS
UNBRIDLED
COMPETITION**

IRONMAN®



Sunday, Jan 20
after the 10 a.m. service
**ST PAUL'S CATHEDRAL
SPONSORS WELCOME**
Supporting Kamloops
Downtown Social Ministries

Look for more information soon

Youth and Young People



Children's Ministry will be taking place this Sunday during the 10am service. Join Melissa as we enter into Epiphany Sunday and

celebrate the Magi: a story about people seeking truth, seeing to offer their gifts and seeking to worship God.



Christmas Eve Family and Pageant Service: Thank you to everyone who helped to make this year's pageant a success and great fun: to Claire, Avery, Richard and so many other helpers. And to all our families and children: you brought such joy to our time together. Dean Ken captured some photos from our evening together, take a look: [Pageant](#)

For your enjoyment, take a look at our 2017 and 2016 pageant pictures. It is fun to see our children grow over the past three years of pageant photos:

2017: [2017 Pageant](#)

2016: [2016 Pageant](#)

Youth Group: We're working on our 2019 Winter and Spring Youth Group Schedule.

If you would like to be on the email list for children, youth and family ministry programs please email Melissa. If you have any questions or would like more information about the mentioned

programs please contact Melissa Green
at stpaulscathedralyouth@gmail.com or call/text [250-682-4866](tel:250-682-4866).

Friendship Friday



January 18, 2019

TIME... this month only 11 AM

Guest speakers. Dave and Alison McKinnon

Recent trip to ITALY with slide show

Soup luncheon available following presentation.

ALL WELCOME



Lutheran, United, and Anglican ("LUA") congregations
of Kamloops present:



LUA LUAU LUNCHEON
SAT. FEBRUARY 9th
11:30am - 2:00pm

KAMLOOPS UNITED CHURCH
421 ST. PAUL STREET

A TIME TO FORGET WINTER
HAVE FUN
SOCIALIZE

BBQ PORK

(Vegetarian and Sugar-free options)

ENTERTAINMENT
SILENT AUCTION

SUPPORTING KAMLOOPS' OUTREACH MINISTRIES

TICKETS \$5.00
CHILDREN 16 AND UNDER FREE

Limited Tickets
sold at each participating church

DRESS UP IN YOUR
BEST HAWAIIAN SHIRT OR AS YOU WISH
SEE YOU THERE!
ALOHA !!



