

THIS WEEK AT YOUR CATHEDRAL		
Ministry Focus: Parish Life Outreach Focus: Anglican Healing Fund Office Hours: Tuesday – Thursday 9:30-1:30		
Tonight	7 p.m.	Out of the Cold Shelter , Basement
Monday	1 p.m.	Staff Meeting , Chapter Room
Wednesday	10 a.m.	Holy Communion , Chapel
	Noon	Bible Study returns , Cathedral; Centering Prayer meets offsite – details from the office
	7 p.m.	Out of the Cold Shelter , Basement
Thursday	12:15 p.m.	Lenten Lecture , Cathedral
	7:30 p.m.	Choir Practice , Cathedral
Friday	9:30 – 1:30 p.m.	Thrift Store , Basement
	10 a.m.	Friendship Friday – Hall
	7 p.m.	Youth Group - Hall
Next Sunday	After both morning services	Tour of the Blue House , before the new programme commences in April

We gather today on the traditional territory of the Stk'emlupsemc te Secwepemc Nation. We acknowledge their care for and working of the land prior to contact with Europeans. As Canadian Anglicans, we continue to work toward healing and reconciliation and a new experience of sharing the land together.

10 A.M. HOLY EUCHARIST

THE LITURGY IS FOUND IN THE ACCOMPANYING BOOKLET THROUGHOUT LENT

Welcome to St. Paul's Cathedral. Our worship service can be found in the green book in your pews beginning on Page 185. Hymns for the service are found in COMMON PRAISE or MORE VOICES in your pew. The receiving of Communion is open to any who feel drawn to Christ. It is Christ's table and we are all his guests. Know that you are welcome here and our delight is in your presence with us. Please join us in the parish hall for refreshments following the service.

The Dean presides & preachers today; Altar Guild: Elaine Parkes, Alison McKinnon, Lynn Watrich, Judy Waddington; Greeters: Natasha Lyndon, Judy Waddington; Servers: Margaret Hylsop, Lee Emery, Richard Cane

(In)side/(Out)side/NATURE – Call for Submissions

Albert Einstein once said, "Look deep into nature, and then you will understand everything better." St. Paul's Cathedral asks (encourages) members to reflect on Einstein's statement as a jump off point for reflection. Open to all St. Paul's Cathedral parishioners: Submission Criteria:

- Only original works created by the participating artist accepted; A collaboration between artists is accepted
- Medium of choice could include drawings, acrylic or oil paintings, collages, sculptural forms, photography, printmaking, new media, word, fabric art,
- Submissions must reflect the exhibition statement as a source of inspiration
- Up to two works accepted
- Works should be exhibition ready. Works need not necessarily be framed. There are many options for mounting. Please speak to Tricia Sellmer at 250-572-6583 or tricialsellmer@gmail.com or Lance Weisser at weisserlance@gmail.com as to your needs.
- Work must be delivered to the St. Paul's Cathedral's office no later than 12:00 noon, Thursday, May 24th, 2018

EXHIBITION OPENING: Friday, June 1st, 2018, pm, 4:00 – 6:00 p.m. St. Paul's Cathedral – Music, spoken word, activities and refreshments for all ages

Opening procession with dedication of Candles and celebration of the Light of Christ

Hymn **CP 572 Let There Be Light**
 1st Reading Numbers 21:4-9, Melissa Green
 Psalm 107: 1-3, 17-22, p. 852
 2nd Reading Ephesians 2:1-10, Jim Waldie
Hymn **CP 177 A Spendthrift Lover**
 Holy Gospel John, 3:14-21, Bud Forbes
 Sermon The Dean
 Prayers Jon Buckle

Hymn **MV 120 Canticle of the Turning**
New Sanctus **MV 206**

Lay Admin: Jo-Mary Hunter, Chris Rose, Rae Long;
 Prayer Ministry Canon Margaret Mitchell, Verna Albright

Hymn **CP 362 Tell Out My Soul**
Sung Dismissal in bulletin

Coffee: Sue Cane, Wendy McLean
 Lock-Up: Melissa Green

MONTHLY MINISTRY FOCUS – PARISH LIFE

This committee was formed in the Spring of 2004 to bring parishioners together in community. The focus of each event is usually a meal and then entertainment, usually showing the talents of the youth in the congregation. The Christmas Tea and Bake Sale in December and Strawberry Tea in June involve visiting and fellowship. The Youth Group is also involved, serving at the sit-down dinners. We try to have enough variety to engage all members of the church community.

The Remembrance Day Memories Dinner is in November followed in December by the Christmas Tea and the Christmas Luncheon after the morning service. In Spring the men host a meal and entertainment (with previous themes being Hawaiian, 50's, 60's and Western). In 2018 on March 10 there will be an Irish Theme dinner. On Shrove Tuesday we plan a Pancake Supper. In June we organize a Parish Picnic at Prince Charles Park which is followed by the Strawberry Tea. In September the committee organizes a "Welcome Back Sundae" after the morning service.

The work of this committee is being devolved to the Cathedral Committee on a trial basis. To June 2018 members are:

Rachel Long	Mollie Both
Barry Baskin	Roger Parkes
Robert Hall	Jim Mitchell
Ken Gray	Lance Weisser

We do have a lot of fun but will need to re-shape our ministry out of respect for our volunteers. We shall see what happens . . .

ON THE HORIZON

- Monday, March 19, 4 p.m. **Administration Committee**, Chapter Room
- Thursday, March 22, after Lenten Lecture, **area clergy meet**, Chapel
- During Holy Week, a **Reading of Mark's Gospel**, Monday, March 26 – Wednesday, March 28, 5 p.m. in the Cathedral Nave
- Tuesday, March 28, 7 p.m. **Cathedral Committee**, Chapter Room
- Sunday, May 20, **Pentecost in the Park**, ecumenical outdoor service at MacDonald Park
- Friday May 25 – Sunday May 27, **EQUIP 2018 in Prince George**; poster and details soon

FROM TRIUMPHAL PROCESSION TO JOYFUL RESURRECTION Holy Week and Easter Worship at St. Paul's Cathedral

Your Anglican Cathedral in Kamloops - 360 Nicola Street, Kamloops | 250-372-3912 stpaulscathedral@shawbiz.ca

Sunday, March 25, Palm Sunday

Traditional Holy Communion with blessing of the palms at 8 a.m. in the chapel
Contemporary Holy Eucharist with grand procession and blessing of the palms at 10 a.m. in the cathedral

Monday, Tuesday and Wednesday evenings, March 26-28 at 5 p.m. in the chapel

Sequential reading of the Gospel according to Mark – volunteer readers welcome

Wednesday, March 28 at 10 a.m. in the chapel

Our customary midweek service of Holy Communion

The Intimate Upper Room – Liturgy for Maundy Thursday – March 29 at 7 p.m. in the cathedral

A contemporary rite in the Cathedral, with special music and interactive prayer

Reconciling Love – A Liturgy for Good Friday, March 30 at 10 a.m.

A service of prayer, reading and reflection in the cathedral

Resurrection Sunday – Services for Easter Day, April 1

- We begin early, on the North Shore at 5:30 a.m. on the beach accessible off Schubert Drive
- We continue with our customary Traditional Holy Communion rite in the chapel at 8 a.m.
- We conclude with our customary Contemporary rite in the cathedral at 10 a.m.

AN INVITATION

All of life . . . can be experienced in our Holy Week and Easter services at St. Paul's this year.

Please join us, for music, prayer, reflection, engagement, sadness, joy, and the freedom found when living a resurrection-life.

There's something for all ages and life-experiences here, something for those familiar with Church, and those totally new to our rituals and practices.

Please come and be part of our faith community, for a day, for Holy Week, for a lifetime. . .

You Are Welcome. Dean Ken Gray

St. Paul's Cathedral Territory of the People

Anglican Church of Canada

Kamloops, BC

Joyful – Rooted - Hospitable – Responsive

March 11, 2018 Lent 4

Laetare Sunday

*On this day
the blessings of heaven.*

*On this day
the blessings of earth.*

*On this day
the blessings of sea and of sky.*

*To open us to life
to ground us in life
to fill us with life
and with wonder.*

On those we love this day

John Philip Newell