

# **PRAYER SHAWL MINISTRY**

## **Parish Ministries of St. Paul's Cathedral**

**What is the Prayer Shawl Ministry? It is a small group of people who knit and/or crochet prayer shawls for people who need them.**

**What the Prayer Shawl means is a tangible example of God's love and care for us. For those in need of strength, while undergoing an illness, as well as for joy and celebration. To remind us that God is walking beside us and holding us up when we cannot go on.**

**Who gets the shawls? They are given to anyone who needs or wants to be reminded of God's presence and blessings.**

**The minister blesses the shawls and distributes them to whomever they know needs one.**

**What happens during the making of prayer shawls? As it is being made, we pray for whoever the recipient may be. We hold them up to God in whatever they may be going through.**

**What we get out of it: It gives us compassion for others, helps us to grow in the fruit of the spirit, and we find ourselves blessed with more joy, faithfulness, kindness, grace, and peace as we reach out to others.**

**We meet once a month to hand in what we have made, exchange ideas, trade patterns and get help as needed, and enjoy the fellowship. Our meeting place is in the chapel of St. Paul's Cathedral on the third Tuesday of each month at 1:00 p.m.**

**Anyone can join us in this wonderful ministry – you can knit, crochet, weave or quilt. Besides shawls we do lap robes, baby blankets, chemo hats, baby hats – the possibilities are endless. Or just pray. You are all welcome.**

**If you have wool or yarn that you wish to donate to us, it will be greatly appreciated.**

**For more information, contact:**

**Shirley Henderson – 250-372-9894 or Marian DiGesó - 250-374-6406**

**April 2017**