

St. Paul's Cathedral

The Anglican Church of Canada
Kamloops, British Columbia

Joyful – Rooted - Hospitable - Responsive

Sunday, Sept 18, 2016 - Season of Creation, Week 1

*We set the pace,
But this press of time—
take it as a little thing next to what endures.*

*All this hurrying
soon will be over.
Only when we tarry do we touch the holy.*

*Young ones, don't waste your courage
racing so fast, flying so high.*

*See how all things are at rest—
darkness and morning light,
blossom and book.*

Rilke, Sonnets to Orpheus I, 22

360 Nicola St. Kamloops, BC V2C 2P5
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Cathedral Website: www.kamloopsanglicanecathedral.com
Office Hours: Tuesday – Thursday from 9:30am – 1:30pm

For information on the National and global Church: www.anglican.ca

SEASON OF CREATION

SEPTEMBER AT ST. PAUL'S

YOUR ANGLICAN CATHEDRAL IN KAMLOOPS

DOING THE SAME THINGS, DIFFERENTLY

A Workshop on Reducing Your Environmental Footprint

Special Guest Julia Roberts, Roberts
Environmental Services, Nelson BC.

Saturday, Sept 24, 10 a.m.

Julia Roberts has completed projects ranging from watershed assessments, water quality program and groundwater studies to environmental site assessments, contaminated site investigations and contamination investigations. In recent years, she has focused on promoting the use of solar energy, energy efficiency audits, carbon inventories, and reducing greenhouse gas emissions.

Julia is an active member of the Anglican Parish of Nelson in the Diocese of Kootenay and a member of the General Synod Creation Matters Working Group.

Pre-registration to deanspc@shaw.ca is appreciated.
There is no cost for this event



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St Paul's Cathedral
member of the
People (Anglican)
Central In
Anglican C



Holy Communion in the Chapel 8:00 a.m.

Presider: The Very Rev Ken Gray - Lay Assistant: Elizabeth Kavanagh
The service begins on page 67 of the Book of Common Prayer
Readings: Exodus 20:8-11; Psalm 92; Hebrews 4:1-11; Mark 2:18-21

CONGREGANTS ARE INVITED INTO THE HALL AT THE CONCLUSION OF THE SERVICE FOR SUNDAY

Holy Eucharist 10:00 a.m.

Welcome to St. Paul's Cathedral. Our worship service can be found in the green book in your pews, beginning on **page 185**. Hymns for the service are found in the blue book in your pew. The receiving of communion is open to any who feel drawn to Christ. It is Christ's table and we are all his guests. If you are welcome here and our delight is in your presence with us. Please join us in the parish hall for refreshments following the service.

Evening Gathering of the Community

Announcements – The Dean

Prayer

Psalm 429 For the Beauty of the Earth

Scripture of the Day

Canon Tom Sugden's Sacred Square – The Rev Canon Sandra Sugden

**Tell me the stories of Jesus we need to hear,
Stories of life and of struggle where love casts out fear;
Light bright the candle, hold high the cross,
Stories of Jesus, teach them to us.**

Evening Proclamation of the Word

Reading Exodus 20:8-11

Psalm 92

Reading Romans 8:18-25

Psalm 489 From the Falter of Breath

according to Mark 2:18-21

When is Enough, Enough? Sabbath as a Life Principle

Apostles' Creed

Prayers of the People

Confession and absolution

Peace

Mollie Both

Jim Waldie

Canon Tom Sugden

The Very Rev Ken Gray

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DJ Clarke

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Evening Celebration of the Eucharist

in

**Deep in our hearts there is a common vision;
Deep in our hearts there is a common song;
Deep in our hearts there is a common story,
telling Creation that we are one.**

**Deep in our hearts there is a common purpose;
Deep in our hearts there is a common goal;
Deep in our hearts there is a sacred message,
justice and peace in harmony.**

**Deep in our hearts there is a common longing;
Deep in our hearts there is a common theme;
Deep in our hearts there is a common current,
flowing to freedom like a stream.**

**Deep in our hearts there is a common vision;
Deep in our hearts there is a common song;
Deep in our hearts there is a common story,
telling Creation that we are one.**

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Prayer over the gifts

Prayer (R. S. Wild, Edmonton, AB)

Be present gifts of the Earth: bread, wine, and fruits of our labour.

Thanks be to God.

Let us open our hearts.

We open them to God, the Holy One.

Let us declare the goodness of God.

This is our hope and joy.

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Holy One, You are present. Throughout the uncounted eons of the unfathomable, you have always been present. The created order proclaims your wisdom, but you are the Holy One, You are present.

O holy, holy, holy God,

O God of time and space.

All earth and sea and sky above

bear witness to your grace.

Hosanna in the highest heav'n

creation sings your praise.

**And blessed is the One who comes
and bears your name always!**

Gracious God, Your wondrous generosity is evident for all to behold. But human hearts have been hard, human ways have been destructive, and the whole creation groans with unfulfilled expectation.

To redeem a broken world, you raise up wise women, men and children in every generation to speak hard and life-giving truths to your people.

In the fullness of time, you sent Jesus of Nazareth to show us ways of truth and love, of compassion, justice and peace. He healed the sick and shared himself with social outcasts. He challenged the corruption and the evil in his time. Through his disciples, he created a people to serve others with truth and compassion.

On the night before his trial and death on a cross, Jesus shared a meal with his friends. Out of the depths of his heart, out of the fullness of his love, he offered them bread and said, "This is my body". Then he took a cup of wine and shared it with them, saying, "This is my blood".

Through bread and wine, we recognize the longing in our hearts for a time when all humanity will live as one, with respect and love for Earth and all her creatures.

Behold who you are. Become what you create. Know yourselves as disciples of Jesus. Know yourselves as friends of God.

**Amen, amen, O Holy One!
Hosanna and Amen
Amen, amen, O Holy One,
Hosanna and Amen**

Lord's Prayer
Communion Sentence # 3

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Communion – *All are welcome at Christ's table.*

(If you require gluten free bread, please indicate this to Communion Assistant at the altar rail. We invite you to participate in quiet during communion as a time for prayer and reflection.)

Communion Hymns: Long Before the Night, 70 Jesus Thou Joy of Loving Hearts, 237 Now the Green Blade Rises

**Long before the night was born from darkness
Long before the dawn rolled unsteady from fire
Long before She wrapped her scarlet arm around the hills
there was a love, this ancient love was born.**

**Long before the grass spotted green the bare hillside
Long before a wing unfolded to wind
Long before She wrapped her long blue arm around the sea
there was a love, this ancient love was born.**

**Long before a chain was forged from the hillside
Long before a voice uttered freedom's cry
Long before She wrapped her bleeding arms around a child
there was a love, this ancient love was born.**

**Long before the name of a God was spoken
Long before a cross was nailed from a tree
Long before She laid her arm of colors 'cross the sky
there was a love, this ancient love was born.**

**Wakeful our night, Slumbers our morning
Stubborn the grass sowing green wounded hills
As we wrap our healing arms to hold what her arms held
this ancient love, this aching love rolls on.**

502 You Are Salt for the Earth

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WEDNESDAY - Following the 10am service, please come into the hall for a prayer flag as a response to scriptures, study, and activities of Creation. Instruction and supplies will be available in the c

WORSHIP MINISTERS at 10 a.m. service

Worship Ministers September 18, 2016

Greeters: Diane & Jim Freathy

Presider: The Rev Canon Sandra Sugden

Preacher: The Dean - Gospeller: The Rev Canon Tom Sugden

Servers: Joan Lukow, Carol Patch, Bud Forbes

Prayers of the People: DJ Clarke

Lay Assistants: Veronica Mountfort, Alison McKinnon, Mar

Altar Guild: Marg Pearson, Elaine Parkes, Suzy Knox

Readers: Mollie Both, Margret Hyslop

Coffee: Grace & Kel Lister

THIS WEEK in the SEASON of CREATION

Tuesday through Thursday, 11 a.m. to 2 p.m., the Chapel is open for reflection. SPECIAL EVENT, Tuesday Sept 20 at 7 p.m. Travelling Through Creation: A Presence and Faith, Poems and photography by Allison D. Ryder with music b

Wednesday, Sept 14

Holy Communion in the Chapel at 10 a.m.

Centering Prayer in the Chancel at 11 a.m.

Green Bible Study in the Chapel at Noon

Thursday, Sept 22 at Noon, **Touch the Earth Lightly: The Story of the Smorgasbord Deli** with special Guests: Dalton and Anita Strong.

Saturday, Sept 24

Men's Breakfast, 8 a.m. in the hall – come and join the men of the parish for food and fellowship

9 a.m. **Doing The Same Things, Differently.** Essential insights for wardens, engineers and anyone who wants to reduce their carbon footprint. Special Guest Julia Roberts, Roberts Environmental Services, Nelson BC.

(Please pre-register so we can discern your particular needs and interests)

LECTIONS for Sunday, Sept 25 are: Joel 2:28-32; Psalm 26; Rom 12:1-13; John 15:1-15

Flowers on the Altar are given to the glory of God and in thanks for the life of Jill Elizabeth McVie by Phil, Heather, Julie and Jennifer. May she rest in peace with all the saints in God's heavenly Kingdom.

new websites for you to explore:

St. Paul's Cathedral www.kamloopsanglicanecathedral.com

Profound thanks to Melissa Green for her great work in assembling our new website

The Territory of the People www.territoryofthepeople.ca

THE HORIZON

Cathedral Committee Meeting – September 27 at 7pm in the Sanctuary.

return of **Anglicanism 101**, a daytime and evening workshop on the strengths and traditions of Anglican Worship, Teaching and Outreach – after Thanksgiving in October
Singing Saints, a congregational Festival of Praise, with singers from local churches, with special musical arrangements by the Dean led by our own and guest musicians, Sunday Evening, November 6

Ministry of Holy Baptism for adults and children will next be offered on the Sunday following All Saints Day, November 6. Speak with the dean as sessions are now being prepared and mentors arranged.

Empowering the Saints for Ministry in Worship, a Liturgical Workshop, including those who pray, read and serve at the altar – information soon

Working for Self, Caring for Others, a Workshop on safety and appropriate care for those working with persons in need, for staff, key volunteers, Thrift Shop and Out of the Cold Workers – information soon

OUT OF THE COLD

Benefit Concert

An evening of music and fun by Kamloops musicians featuring

Pokotillo Ukrainian Dancers, Kamloops Choristers

Rob Gretsinger & his unique gongs and percussion instruments

Musical Theatre in costume with Rachel Casponi

as well as organ and piano soloists, & chamber music ensemble.

7 pm, Friday, Oct. 21, 2016

St. Paul's Cathedral

360 Nicola Street, Kamloops, BC



Admission by Donation

Come out to support this event

Help us show that Kamloops is

“A Community that Cares!”

VISIBLE LEADERS of a large and often invisible team

Bishop Suffragan: The Rt Rev *Barbara Andrews*

Assisting Clergy: *Tom and Sarah*

Dean: The Very Rev *Ken Gray*

Music Directors: *Heather and*

Youth/Family Ministry Coordinator: *Melissa Green*

Financial Gifts Secretary: *Tris*

Rector's Warden: *Lee Emery*

Treasurer: *Gordon Dove*

Deputy Rector's Warden: *Colleen Stainton*

Verger: *Ron Sugiyama*

People's Warden: *Joan Lukow*

Office Coordinator: *Claire To*