

Holy Communion in the Chapel 8:00 a.m.

Presider & Preacher: The Rev Canon Sandra Sugden

Lay Assistant: Shirley Henderson - The service begins on page 67 of the Book of Common Prayer

Readings: Leviticus 19:1-2, 9-18; Psalm 119:33-40; 1 Corinthians 3:10-11,16-23; Matthew 5:38-48

Holy Eucharist in the Cathedral 10:00 a.m.

Welcome to St. Paul's Cathedral. Our worship service can be found in the green book in your pews beginning on page 185. Hymns for the service are found in the blue book in your pew. The receiving of Communion is open to any who feel drawn to Christ. It is Christ's table and we are all his guests. Know that you are welcome here and our delight is in your presence with us. Please join us in the parish hall for refreshments following the service.

The Gathering of the Community

Announcements and greeting

The Rev Canon Sandra Sugden

Hymn 525 The Church's one foundation

Collect of the Day:

O God, you spoke your word and revealed your good news in Jesus the Christ. Fill all creation with that word again, so that by proclaiming your joyful promises to all nations and singing of your glorious hope to all peoples, we may become one living body, your incarnate presence on the earth. Amen.

Children's Sacred Square

Melissa Green

**Give me oil in my lamp keep me burning
Give me joy in my heart I pray;
Give me love in my life, keep me humble,
Keep me burning till the end of day**

**Sing Hosanna, light the candle,
Spread the love of Jesus all around;
Lift the cross high, share God's story,
Everywhere let love be found. *Text modified by kjg***

The Proclamation of the Word

1st Reading Leviticus 19:1-2, 9-18

Rae Long

Psalm 119:33-40

p. 870

2nd Reading 1 Corinthians 3:10-11, 16-23

Barb Paterson

Sing a new song - Love Knocks and Waits (MV 94)

**It's Love knocks and waits for us to hear,
to open and invite:**

**Love longs to quiet every fear,
and seeks to set things right.**

**Love offers life, in spite of foes
who threaten and condemn;
embracing enemies, Love goes
the second mile with them.**

The Holy Gospel according to Matthew 5:38-48

The Rev Canon Tom Sugden

**Love comes to heal the broken heart,
to ease the troubled mind;
without a word Love bids us start
to ask and seek and find.**

**Love knocks and enters at the sound
of welcome from within;
Love sings and dances all around,
and feels new life begin.**

© Daniel Charles Damon, Words © 1996 Hope Publishing Company, used with permission

Sermon

The Rev Canon Sandra Sugden

The Apostles' Creed

p. 189

Prayers of the People

Rob Roy

Confession and absolution

p. 191

The exchange of peace

The Celebration of the Eucharist

Hymn 494 Not for tongues of heaven's angels

Eucharistic Prayer 1

p. 193

Sanctus

**O Holy Holy Holy God, O God of time and space
All earth and sea and sky above bear witness to your grace.
Hosanna in the highest heav'n, creation sings your praise.
And blessed is the One who comes and bears your name always.**

The Lord's Prayer is sung

p. 211

Fraction Sentence #6

p. 213

Communion – All are welcome at Christ’s table. If you require gluten free bread, please indicate this to Communion Assistant at the altar rail. We invite you to participate in quiet during communion as a time for prayer and reflection. Communion Hymns: 259 For the Fruit of all creation; 504 Jesu, Jesu

Prayer after Communion & Blessing p. 357

Hymn **454 Revive Thy work O Lord**

Dismissal

All music reproduced with permission under LicenseSing #605242

WORSHIP MINISTERS at 10 a.m. service

Presider & Preacher – The Rev Canon Sandra Sugden; Gospeller & Deacon – The Rev Canon Tom Sugden; Children’s Sacred Square – Melissa Green; Prayer Ministry – Verna Albright, Joy Fudge; Altar Guild – Pat King, Mary Rolston, Joy Fudge; Coffee – Dwight & Islay Oatway; Greeters – Pat & Bob King; Lay Admin – Veronica Mountfort, Irene Bridgeman, Chris Rose; Lock Up – Melissa Green; Prayers of the People – Rob Roy; Readers- Rae Long, Barb Paterson; Servers – Rose Roy, Richard Cane, Ali Dextraze

Lections for Sunday, Feb 26 are: Exodus 24:12-18; Psalm 2; 2 Peter 1:16-21; Matthew 17:1-9

THIS WEEK AT YOUR CATHEDRAL

Ministry Focus: **The Centering Prayer Ministry** - Outreach Focus: **PWRDF**

Office Hours: Tuesday – Thursday 9:30-1:30

| | | |
|------------------|-------------|---|
| Tonight | 7 pm | Out of the Cold Shelter - Basement |
| Monday | 7 pm | Anglicanism 101 - Chapel |
| Wednesday | 10 am | Holy Communion - Chapel |
| | 11 am | Centering Prayer – off site |
| | Noon | Bible Study - Chapel |
| | 7 pm | Out of the Cold - Basement |
| Thursday | 1 pm | Anglicanism 101 - Chapel |
| | 4 pm | Administration Committee - Boardroom |
| | 7:30 pm | Choir - Cathedral |
| Friday | 9:30 – 1:30 | Thrift Store – Basement |
| Saturday | 8 am | Men’s Breakfast - Hall |

SOMEWHERE OVER THE RAINBOW (was “On the Horizon”)

| | |
|---------------------------------|-----------------------------------|
| Sunday Feb 26 at 7 p.m. | February Faith Lecture – Trauma |
| Monday Feb 27, 10 a.m. | Territory Lecture - Spirituality |
| Shrove Tuesday Feb 28, 5-7 p.m. | \$5 per person – meet in the hall |
| Tuesday Feb 28, 7 p.m. | New Cathedral Committee meets |
| Ash Wednesday March 1 | Liturgies at 10 am and 7 pm |

St. Paul’s Cathedral

Territory of the People

Anglican Church of Canada

Kamloops, BC

Joyful – Rooted - Hospitable - Responsive

Sunday, February 19, 2017 – 7th Sunday after Epiphany

To those who believe that life is simply a competition between winners and losers . . .

The problem today is that many people are filled with fear. They are frightened of people, frightened of losing. And because people are filled with fear they can no longer be open to others. They're protecting themselves, protecting their class, protecting their group, protecting their religion. We're all in a state of protection. To become fully human is to let down the barriers, to open up. And to discover that every person is beautiful. Under all the jobs they're doing, their responsibilities, there is you. And you, at the heart of who you are, you're somebody also crying out, "Does somebody love me not just for what I can do, but for who I am?"

Jean Vanier, *Becoming Human*

360 Nicola St. Kamloops, BC V2C 2P5

Phone: 250-372-3912 - Email: stpaulscathedral@shawbiz.ca

Youth email: stpaulscathedralyouth@gmail.com

St. Paul’s Cathedral Website: <https://kamloopsanglicanecathedral.com/>

Website of the Territory of the People (APCI): <http://www.territoryofthepeople.ca/>